



# ESSF EUROPEAN OPEN SCHOOL CHAMPIONSHIP FUDOKAN KARATE 2023

INCLUDING STUDENTS WITH DISABILITIES



**BULLETIN 1**

**SERBIA  
BELGRADE/POŽAREVAC/  
ZRENJANIN/VELIKO GRADIŠTE  
29 May - 03 June, 2023**



# Introduction

European School Sport Federation was established in 2020 just few days before Covid-19 cises hit the world. From that time till now, those who were included in the work of ESSF from the beginning, made great efforts to set goals and make plans for the future of the federation.

European Open School Championship – Fudokan Karate 2023 in Serbia (Belgrade, Požarevac, Zrenjanin and Veliko Gradište) is the first competition for school karate at European level. ESSF chose karate as one of the most popular sports among school children, as well as for its availability all around Europe.

European Open Fudokan Karate School Championship is a special sport event designed to explore innovative competition formats which create their own path through the field of school sport network. The event is a gateway for celebration school sport events entering to the ESSF sports system. This type of event also allows the ESSF to establish solid cooperation with European and international sport federations (IFs) and other sports institutions linked to new sports. These events establish new pathways to high-end championships, with the goal of aligning events on european level and not only. However, these event shall be designed to give even more schools and selected teams and individuals the opportunity to take part.

ESC Fudokan Karate is open to the participation of school teams of the ESSF members, as well as non ESSF members and directly applying schools, provided that they follow all ESSF regulations and that the institutions that wish to enter the event are recognized by an official national or sports authority.

Age categories for ESC are outlined in their respective sport-specific rules. The educational program and the sports format of the event shall always be adopted to the age of participants.

So, let us start together in this mission of making ESSF recognizable around Europe! We look forward to making history together!





# About BELGRADE

## Belgrade in short

Belgrade is located at the mouth of the Sava and the Danube rivers, where the Panonian Plain meets the Balkans. Complete with all the suburbs Belgrade hosts a population of around 2 million. The rivers gave rise to the Belgrade port, but not just that but spectacular views, riverboats converted into night clubs, bars and restaurants, islands and beaches on Big War Island and Ada Ciganlija, riverbanks such as Ada Huja and Ada Medjica, scenic nature, green parks to name but a few. The Danube quay seems to be perfect for long walks and sports: running, rowing, cycling, playing tennis in one of the tennis courts or working out in the open air gyms. On the island of Ada Ciganlija visitors can enjoy many things, such as: swimming, bungee jumping, roller blading, playing football or baseball, climbing, eating out or just visiting the Adventure park.



Belgrade has a diverse architecture, from baroque, neoclassicism, art nouveau, art deco to modernism and brutalism. Take a walk around Belgrade, get to know both Serbian and Yugoslav cultural heritage there are so many tales one can hear, and if you are into sightseeing don't forget Kalemegdan fortress in downtown of the city and sacral monuments: Temple of Sveti Sava, Ružica church and Belgrade cathedral.





# About POŽAREVAC

## Požarevac in short

Požarevac is a city in Central Serbia. It is about 75 km away from Serbian capital, Belgrade and it is the administrative centre of the Braničevo District in eastern Serbia. It is located between three rivers: Danube, Great Morava and Mlava and below the hill Čačalica (208m). As of 2011, the city has a population of 44,183 while the city administrative area has 75,334 inhabitants.



# About ZRENJANIN

## Zrenjanin in short

Zrenjanin is a city and the administrative center of the Central Banat District in the autonomous province of Vojvodina, Serbia. The city urban area has a population of 76,511 inhabitants, while the city administrative area has 123,362 inhabitants (2011 census data). The old name for Zrenjanin is *Veliki Bečkerek* or *Nagybecskerek* as it was known under Austria-Hungary up until 1918. Zrenjanin is the largest city in the Serbian part of the Banat geographical region, and the third largest city in Vojvodina (after Novi Sad and Subotica). The city was designated European city of sport.





# About VELIKO GRADIŠTE

## Veliko Gradište in short

In the foothills of the Carpathian and Homolje Mountains at the confluence of the blue Danube and the gold-bearing Pek, lies Veliko Gradiste. It is, above all, a beautiful little town with wide streets, and multitude of flower gardens, always green lawns and nicely arranged terraces. With its beautiful Danube quay and the old bazaar, it is a feast for the eyes and a balm for the soul, and the Silver Lake with its wood of white acacias is a health factory. At a distance of 114 km from Belgrade, Veliko Gradiste lies on the Iron Gate road, and as Veliko Gradiste's territory starts in Ram, this area is called the entrance to the Djerdap gorge.



## Climate in Belgrade, Požarevac, Zrenjanin and Veliko Gradište

Those cities have a humid subtropical climate, with four seasons and uniformly spread precipitation. Monthly averages range from 1.4°C in January to 23.0°C in July, with an annual mean of 12.5 °C.

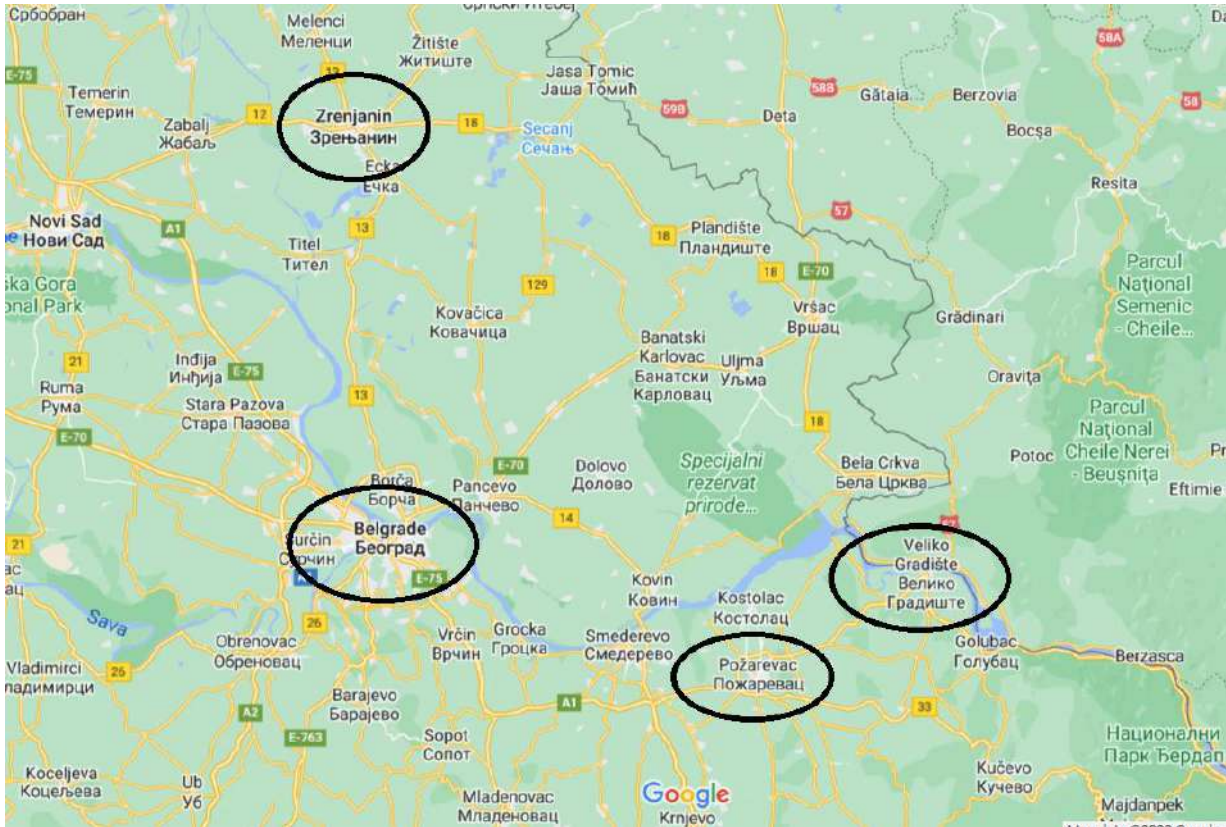
During ESSF WSC Fudokan Karate 2023 it is expected average daily range from 20°C to 23°C.

## Accommodation for participants

Due to expected enormous number of participants (over 5000 students), the competition will be held in four cities : Belgrade, Požarevac, Zrenjanin and Veliko Gradište. Accommodation details will be part of Bulletin 2.

## Sport venues

Sport venues in Belgrade, Požarevac, Zrenjanin and Veliko Gradište will be be part of Bulletin 2.



*Serbian city hosts for ESC Fudokan Karate 2023*



# Management

**European School Sport Federation (ESSF)**

Office – [info@europeanschoolsport.com](mailto:info@europeanschoolsport.com)

Contact: Gorica Bilak-Moconja, ESSF Sports Director

**Local Organising Committee**

**European School Sport Federation (ESSF)**

Contact: Constantin Caliman, +40747016106

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# Provisional Program

DATE	PROVISIONAL ACTIVITY
Monday 29 May, 2023	Arrival of delegations Accreditation Coaches&Referees Seminar Meetings (heads of delegations/coaches/field of play officials) Official training for all participants Technical Meeting
Tuesday 30 May, 2023	Opening Ceremony Competition
Wednesday 31 May, 2023	Competition
Thursday 01 June, 2023	Competition Educational/Cultural day Nations night Charity Gala Dinner
Friday 02 June, 2023	Competition- Finale/Medal Ceremony Closing Ceremony/Farewell party
Saturday 03 June, 2023	Departure of delegations

*\*Please note, that the official program may be subject to change. Any relevant changes will be communicated to the registered delegations prior to the event. The draw will be carried out by LOC !*



# Travelling and Visa

## Ports of Entry

The followings are the official ports of entry:

- ♦ Airport „Nikola Tesla” Belgrade
- ♦ Belgrade Main Railway Station

## Travelling

Travel to the official ports of entry is to be arranged and financed by each participating delegation.

Delegations are to arrive on **May 29, 2023** and depart on **June 03, 2023** after breakfast. The organisation of an extended stay for the delegation (before or after the event) is a matter of the delegation concerned. It shall not be the responsibility of the Local Organising Committee (LOC).

LOC will ensure a transportation from ports of entry to accomodation.

## VISA

Each participating delegation is required to check whether a visa is needed to enter Serbia. Please contact the related Embassy or Consulate to consult visa application procedure. For any request of invitation letters or any queries over VISA, please contact Mr. Boris Tomić at [skolskisport@mos.gov.rs](mailto:skolskisport@mos.gov.rs).

## Insurance

Each participating delegation is required to provide insurance for each member of its delegation. At a minimum, the insurance is to cover civil liability, material damage and medical costs.

### Measures Related to Covid-19

The Local Organizing Committee will carry out relevant work against COVID-19 in accordance with the joint prevention and control policies of the National Health Commission.

All current information regarding the access to Serbia can be find on the official website of the Serbian Ministry of Foreign Affairs:

<https://www.mfa.gov.rs/en/citizens/travel-serbia/covid-19-entry-requirements>





# Sport Specifics

## Program

### KARATE



*Event format*  
**Individual/Teams  
Competition/  
Students with  
disabilities**

*Age Category*  
**Students born  
from 2005 to 2016  
and younger**

*Team format*  
**Team formed by  
students from  
different schools  
of the same country**

#### **Gender Category**

Boys / Girls

#### **Event format**

Individual/Teams Competition/Students with disabilities

#### **Age category**

Children I. 7 years and younger (Born 2016 and younger);

Children II. Age 8-9 years (Born in 2014-2015);

Children III. Age 10-11 years (Born in 2012-2013)

Juvenil. Age 12-13 years (Born in 2010-2011)

Cadets. Age 14-15 years (Born in 2008 – 2009)

Juniors. Age 16-18 years (Born in 2005, 2006, 2007)

#### **Team format**

A team formed by student-athletes that can be enrolled in different schools in the same country which they represent.

#### **Maximum teams per delegation**

Unlimited teams for children and juvenil category and 2 team/delegation/each cadets&juniors category/event

#### **Participation**

This event is open for participation to:

- **ESSF members:** Schools Sport Entities recognised as such by the General Assembly and in order with their rights and obligations;
- **Non-ESSF members:** highest institution responsible for school sport recognized by the government of a country that is not member of ESSF;
- **Directly applying schools (DAS)** can either be :
  - A school not affiliated to an ESSF member
  - A school affiliated to and ESSF member but not registering through this ESSF member.



## FUDOKAN KARATE



EVENTS

AGE CATEGORY

### CHILDREN Category

- A. White to orange belts; *Only in kata Discipline*  
 B. Green and blue belts; *Only in kata Discipline*  
 C. Brown and black belts; *Only in kata Discipline*

#### A. Children I. 7 years and younger (Born 2016 and younger)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon – Ippon girls	No limit per country
Individual Kihon boys	No limit per country	Individual Kihon –Ippon boys	No limit per country

#### B. Children II. Age 8-9 years (Born in 2014-2015)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon – Ippon girls	No limit per country
Individual Kihon boys	No limit per country	Individual Kihon –Ippon boys	No limit per country

#### C. Children III. Age 10-11 years (Born in 2012-2013)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Individual Kihon girls	No limit per country
Ind. Jiyu-Ippon Kumite boys	No limit per country	Individual Kihon Boys	No limit per country

#### D. Juvenil Age 12-13 years (Born in 2010-2011)

Individual Kata Girls	No limit per country	Team Kata Girls	No limit per country
Individual Kata Boys	No limit per country	Team Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country	Enbu Girl-Boy	No limit per country
Ind. Jiyu-Ippon Kumite boys	No limit per country	Enbu Boy-Boy	No limit per country
Individual Kihon girls	No limit per country	Individual Kihon boys	No limit per country

## COMPETITION RULES FOR CHILDREN&JUVENIL

### 1. Individual Kata

**Groups A, B, C, D:** Eliminations, semi-finals, finals: all in flag system, no repass.

Type of Kata (individual and team):

**Group A:** elimination/ semi-final/ final: Taikyoku, Heian 1-2-3;

**Group B:** elimination/ semi-final/ final: Heian 1-2-3-4-5, Heian Oi Kumi ;

**Group C:** elimination/ semi-final/ final: Heian 1-2-3-4-5, Heian Oi Kumi, Bassai-Dai;

**Group D:** elimination/ semi-final/ final: Heian 1-2-3-4-5, Heian Oi-Kumi, Bassai-Dai, Kanku Dai, Jion, Enpi, Taiji shodan;

### 2. Team Kata

Each team will be composed of 3 athletes.

(1 athlete can be from the younger group, but not from an older group)

Application of Kata (Bunkai)

Only Group D Juvenil must demonstrate kata application/Bunkai.



### 3. Kihon Kumite

From natural stance must step back with Gedan-barai and start techniques from left (Hidari) stance! All technics are performed 4 times with Kiai at the end.

GROUP A and B		GROUP C and D	
1. Oi-Zuki Jodan	forward	1. Oi-Zuki Jodan	forward
2. Age-Uke /Gyaku-Zuki	backward	2. Age-Uke /Gyaku-Zuki	backward
3. Gyaku-Zuki Chudan	forward	3. Gyaku-Zuki Chudan	forward
4. Uchi-Uke /Gyaku-Zuki	backward	4. Soto-Uke /Gyaku-Zuki	backward
5. Mae-Geri Chudan	forward	5. Mae-Geri Chudan	forward
6. Gedan-barai / Gyaku-Zuki	backward	6. Gedan-barai / Gyaku-Zuki	backward
		7. Mawashi-Geri Jodan	forward
		8. Uchi-Uke / Gyaku-Zuki	backward

### 4. Kihon Ippon Kumite

#### Group A

Attack	Natural stance		<b>Gedan-barai step back</b> in zenkutsudachi and attack techniques from left (Hidari)
Defense	Heiko (Yoi) dachi		
1.	Attack	Aka	<b>Oi-zuki (jodan)</b>
	Defense	Shiro	<b>Age-uke</b> , counter attack: Gyaku-Zuki-Chudan
2.	Attack	Aka	<b>Oi-zuki (chudan)</b>
	Defense	Shiro	<b>Soto-uke</b> , counter attack: Gyaku-Zuki-Chudan
3.	Attack	Aka	<b>Mae-geri (chudan)</b>
	Defense	Shiro	<b>Gedan-barai</b> , counter attack: Gyaku-Zuki-Chudan

#### GROUP B

Attack	Natural stance		<b>Gedan-barai step back</b> in zenkutsudachi and attack techniques from left (Hidari)
Defense	Heiko (Yoi) dachi		
1.	Attack	Aka	<b>Oi-zuki (jodan)</b>
	Defense	Shiro	<b>Age-uke</b> , counter attack: Gyaku-Zuki-Chudan
2.	Attack	Aka	<b>Mae-geri (chudan)</b>
	Defense	Shiro	<b>Gedan-barai</b> , counter attack: Gyaku-Zuki-Chudan
3.	Attack	Aka	<b>Mawashi-geri (chudan)</b>
	Defense	Shiro	<b>Uchi-Uke</b> , counter attack: Gyaku-Zuki-Chudan

### 5. Jiyu Ippon Kumite

#### Only Group C and D

##### Attack:

1. Kizami-Zuki Jodan;
2. Oi-Zuki Jodan ;
3. Gyaku-Zuki Chudan ;
4. Mae-Geri Chudan ;
5. Mawashi-Geri Jodan ;

\*In final matches only plus Renzoku-Kogeki-Waza combination of: Kizami-ZukiJodan - Mawashi-GeriJodan - Uraken-UchiJodan - Gyaku-ZukiChudan.

##### Defence:

Only Uke-waza, counter attack: Gyaku-ZukiChudan.

### 6. Kobudo

Individual only for C, D category.

Eliminations, semi-finals, finals - all in flag system, no repass. Registration : no limit per country.



## CADETS and JUNIORS Category

### E. Cadets Age 14-15 years (Born in 2008 – 2009)

Individual Kata Women	24 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	24 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	24 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	24 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	24 athletes/Country	Ko-go Kumite Team Women	2 team/country
Ind. Ko-go Kumite Men	24 athletes/Country	Ko-go Kumite Team Men	2 team/Country

### F. Juniors Age 16-18 years (Born in 2005, 2006, 2007)

Individual Kata Women	24 athletes/Country	Team Kata Women	2 team/Country
Individual Kata Men	24 athletes/Country	Team Kata Men	2 team/Country
Ind. Fuku-Go Woman	24 athletes/Country	Enbu Woman/Man	2 team/Country
Ind. Fuku-Go Men	24 athletes/Country	Enbu Man/Man	2 team/Country
Ind. Ko-go Kumite Women	24 athletes/Country	Ko-go Kumite Team Women	2 team/country
Ind. Ko-go Kumite Men	24 athletes/Country	Ko-go Kumite Team Men	2 team/Country

## SYSTEM OF CONTEST

### Individual kata

Groups: E, F.

Elimination and semi-finals - flag system;

Finals - Point system (Drawing for placement 1 to 4);

Type of kata (individual and team) in Elimination/ semi-final/ final: All Katas.

### Team kata

Each team will be composed of 3 athletes, (1 athlete can be from the younger group)!

### Fuku-Go

Alternative one round kata Kitte and one round kumite/kogo kumite (according the category). The final must be kumite/kogo kumite round.

### Kobudo

Only Individual Events

Eliminations, semi-finals, finals - all in flag system, no repass. Registration : no limit per country.

All athletes must have for kumite event their own regulation safeties (mouthguard, gloves, groin guard). It should be noted that the glasses are forbidden. Soft contact lenses can be worn at the contestant's own risk. Contestants must wear a white karate gi without stripes, piping or personal embroidery. The national emblem or flag of the country will be worn on the left breast of the jacket and may not exceed an overall size of 12 cm by 8 cm. Only the original manufacturer's labels may be displayed on the gi. In addition, identification issued by the Local Organizing Committee will be worn on the back.

For any questions see the "Rules" in website: [www.fudokaninfo.com](http://www.fudokaninfo.com)



### **ATTENTION**

An athlete can participate in **Individual Categories** only in his/her age category.  
If he/she participates in **Team Category** for an older age group, he/she cannot participate in the same Team Category in his/her age group.

Example: one cadet athlete can participate in individual categories for cadets. He/She can participate in team kata for junior. In this case he/she cannot be part of team kata cadets.  
The KUMITE event of FUKU-GO has the SAME RULES for each category as in INDIVIDUAL KUMITE or Kogo Kumite according with the category as below.



## KUMITE SPORT



EVENTS

AGE CATEGORY

### Categories and Competitions

<b>KUMITE (ALL STYLES)</b>		
<b>CHILDREN (8-11 years)</b> <b>Born in 2012-2013-2014-2015</b>	<b>KUMITE SHOBU NIHON</b> belt: All belts Weight for Male: -35 kg / +35 kg Weight for Female: -35 kg / +35 kg	No limit per country *individual and team
<b>JUVENIL (12-13 years)</b> <b>Born in 2010-2011</b>	<b>KUMITE SHOBU NIHON</b> belt: white to Blue / Brown to Black belts Weight for Male: -45 kg / +45 kg Weight Weight for Female: -40 kg / +40 kg	No limit per country *individual and team
<b>CADETS (14 to 15 years)</b> <b>Born in 2008 - 2009</b>	<b>KUMITE SHOBU SANBON</b> - belt: white to Blue / Brown to Black belts (All Styles) Weight for Male: -60 kg / -65 kg / +65 kg Weight Weight for Female: -55 kg/ +55 kg	24 athletes/Country/each weight category 2 team/Country/ each weight category
<b>JUNIORS (16 to 18 years)</b> <b>Born in 2005, 2006, 2007</b>	<b>KUMITE SHOBU SANBON</b> individual and team Inter-style All Belts Weight for Male: -65 kg / -75 kg / +75 kg Weight for Female: -55 kg/ -60 kg/ +60 kg	24 athletes/Country /each weight category  2 team/Country/ each weight category

*All athletes must have their own regulation safeties (red / blue).*

*It should be noted that the mask and bodice, are mandatory for all classes children to juniors and teams categories.*

For any questions see the "Rules Sport karate" in website: [www.fudokansport.com](http://www.fudokansport.com)

In Kumite competition the participants will compete with the following grade subdivisions:

- 1) up to blue belts;
- 2) brown to black belts.

It should be noted that for all Kumite athletes, weight control will be mandatory.

For children and juvenil categories, the participants can register unlimited number of competitors per category. For cadets and juniors categories, the participants can register only 24 athletes/country/ each weight category and 2 team/country /each weight category.



## IKKAIDO FUDOKAN KARATE



IKKAIDO

Celebration

### IKKAIDO-FUDOKAN KARATE-ESSF European Ikkaido Celebration for people with and without disabilities



Karate is a big family. Please motivate your disabled students to join our family and be a significant part. We want to offer them a platform where they can show their ability and perform their karate. Ikkaido first should be a celebration for them. Please, give them a chance of being included in the championship.

First, - like a celebration - they demonstrate their kata and, if necessary, they can be assisted by another karateka or coach (e.g. blind ones). The kata is freechoice, and they will be awarded with a special Ikkaido medal.

Second, - like an inclusive competition - they perform an inclusive team kata together with karateka with no disabilities against another team. Then their team performance will be judged.

## CELEBRATION IKKAIDO CATEGORIES

### 1. Individual Kata Celebration

Categories: Boys/Girls

**Only for students with disabilities**, for all age categories, the kata is free.

This category is only for students with disabilities to show their ability to perform a Karate kata.

If the athlete is unable to enter the tatami or perform the kata alone, he/she can be assisted by a carrier (e.g. blind people).

For all age categories the kata is free, but it should be known in all karate styles accepted.

Wheelchair kata is completely free.

### 2. Kata Team

Boys/Girls

Minimum one and/or maximum two people with disabilities per team, for all age categories.

Each team will be composed of 3 athletes (1 athlete can be from another group, e.g. older, younger, sex, ...)

**Mixed teams** are allowed, (e.g. two girls plus one boy starts at girl competition, two boys plus one girl ...)

Each team must have minimum one and maximum two people with disabilities (inclusion aspect).

No Application of kata (bunkai) necessary.

## A. CELEBRATION AGE CATEGORIES

All age categories are the same as in the official program.

## B. DISABILITY CATEGORIES

An official classificatory (medical doctor) may classify athletes at the beginning of the competition.

There are 4 classification categories of disabilities for the competition:

- Wheelchair User ;
- Blind and Visually Impaired ;



- People with Learning and Mental disabilities e.g. autism ;
- People with physical and other disabilities ;

### **JUDGES**

There will be judges selected for Ikkaido competition and advices during judge course. There will be additional instructions for IKKAIDO judges.

## **WFF-IKKAIDO RULES FOR PEOPLE WITH DISABILITY**

### **Official Clothing**

Competitors and their responsible persons must wear an official uniform (Karate Gi).

### **Competition Area**

1. The competition area must be suitable for people with disability and equipped in such a way that dangers are excluded.
2. The competition area must have a sufficient size, allowing to perform the forms without any problems.
3. To ensure a smooth presentation of the forms a stable, plain surface is required. Usually mats for tournament are suitable.

### **The Organization of Kata Competition**

1. The choice of a Kata is free, it **should be from all styles accepted**.
2. It is up to the organizer, to merge groups because of low participation. The competitors or responsible persons are expected to be part of the decision, which is to be made in the interest of the athletes.
3. The single competitions consist of single **presentations**, which are separated according to gender.
4. It has to be distinguished between standing and seated groups. Furthermore, it has to be distinguished according to the degree of disability (up to 50%, from 50% to including 70% and from 80% to 100%).
5. It is possible, not to differentiate the degree of disability within the groups. The Kata presentations will be evaluated with flag system. At the end the participants with the lowest degree of disability (from 50% to 70% including) will get subtracted from their total evaluation. At the end of the match the best presentation will be announced.

### **Jury Committee**

1. For each round, the jury (5 judges) will be appointed from the chief judges or from the ground / mat leader.
2. The judges of a kata competition should not be from the same nation, national association, district or club as one of the participants, as far it is possible.
3. In addition, administrative persons for the evaluations and announcers or speakers will be introduced

### **Decision Criteria**

Kata has to be performed with competence. A clear understanding of the traditional principles which are included in the kata must be visible. When evaluating the performance, the judges have to take into account any restrictions by each individual disability and have to pay attention to:

- a) A realistic demonstration of the meaning of the kata;
- b) Understanding of the used techniques ;
- c) Timing, rhythm, speed, balance, impression and strength application;
- d) Correct, adequate respiration for the performance of the techniques ;
- e) Correct focusing on the attention and the concentration ;
- f) Correct positions with right tension in the legs, excluding e.g. wheel chair drivers;





- g) Adequate body tension, e.g., in the lower abdomen ;
- h) Correct performance of the techniques of the demonstrated style;
- i) The realization should also be valued in respect to other criteria, such as the degree of difficulty of the shown kata.

### **Realization of Competitions**

1. The appearance of "disabilities" is so complex, that it seems impossible to satisfy all kinds of disabled athletes with their individual competition rules. The WFF Ikkaido competition rules are flexible to use. Competition rules for „people with disability” differ primarily from general competition rules by restrictions with the repertoire of forms, because the physical or the mental conditions according to the kind and degree of disability of the individuals are extremely different.

2. With reasonable doubt about the restriction due to the disability of the participant, it is up to the organizer and in agreement with the competitor or the responsible person, to withdraw the participant from the starting list. This means that competitors which are able to perform according to general competition rules, don't have to be evaluated according to this set of present rules. Decision should be made in the interest of the athletes.

3. This form set of rules was created to allow people with disability to measure themselves in competitions in the area of the Martial Arts in terms of inclusion. The set of rules should be available not only to everybody who is organizing inclusion competitions, but it is appreciated to initiate further competitions for people with disabilities. The only condition is, that prior to the distribution, permission is granted.

#### **Statement**

**These rules are under ongoing development and can change from event to event. The rules are made to empower all students with disabilities, to reward their efforts for personal improvement and to emphasise on the joy of sport participation. If it is necessary, we adapt the rules according to the needs of competitors with disabilities and not to focus on better performance or a higher level of competition. Please help us to improve inclusion and provide equal opportunities in sport to students with disabilities.**



# Composition of the Delegation

Each delegation shall consists of:

1. **Head of delegation - *mandatory*;**
2. **Student athletes - *mandatory*;**
3. **Team official(s)**
  - a. **Coaches - *mandatory*;**
  - b. **Other team officials - *optional*;**
4. **Referees - *mandatory*;**
5. **Additional adults - *optional*;**

**NOTE:**

**Any other person not specified during registration or exceeding the quotas specified in this document will not be considered part of the official delegation and will not be accredited by the LOC.**

## HEAD OF DELEGATION

There is a mandatory number of one (1) head of delegation per register-delegation.

- The head of delegation shall be the sole intermediary between the delegation and the Local Organising Committee, the ESSF Delegate.
- He/she may not combine the function with any other official role (i.e., coach, referee, etc.).

## STUDENT ATHLETES

Each team HAVE UNLIMITED number of students.

All student athletes must be attending schools which provide a general education. The following are not eligible to participate:

- Attendees of vocational schools who only attend a school as a complement to their vocational training and are not full-time students with segment of general education.
- Students enrolled at schools which provide sports training without any general education.
- Part-time (e.g. afternoon) sports schools which take pupils from a variety of schools for training in one or more sports.

## TEAM OFFICIALS (COACHES AND OTHER TEAM OFFICIALS)

### COACHES

All coaches and referees must attend the Meeting. Coaches and referees who do not take part in the seminar will not be able to enter the competition areas.

**Coaches** must proof of the qualifications and mandatory number it is on bellow:

ATHLETES	COACHES
1 to 6	1
7 to 13	2
14 to 20	3
21 to 27	4
28 to 34	5
35 to 40	6

**GENERALE RULE : 1 coach per 6 athletes**

## OTHER TEAM OFFICIALS

- Each team can enter (optional) maximum 2 other team officials.
- The function of each other team officials must be specified during the registration process (Doctor, Physiotherapist, Trainer, Statistician, Team manager etc.).



## REFEREES

- Each country should bring referees mandatory (for kata and for kumite) who will participate in the seminar and work during the competition. At the end of the competition all referees and judges will receive a Certificate of participation and a Certificate with the qualification achieved.
- Referees and Judges who possess a qualification from other international federations, W.F.F. will recognize their qualification with a corresponding W.F.F. qualification.
- It is necessary to make proof of qualifications.

ATHLETES	REFEREES
1 to 10	1
11 to 20	2
21 to 30	3
31 to 40	4
41 to 50	5
51 to 60	6
<b>GENERALE RULE : 1 referee per 10 athletes</b>	
<i>*Failure to provide the required number of referees will lead to a fee of 900 Euros/referee, to be paid to the organiser.</i>	

## ADDITIONAL ADULTS

The function of each additional adult must be specified during the registration process (interpreter, security personnel, ministry representative, media, etc.).

Delegations can register up to 1 additional adult per 10 participants.

#PARTICIPANTS	#ADDITIONAL ADULTS
1 to 10	1
11 to 20	2
21 to 30	3
31 to 40	4
41 to 50	5
51 to 60	6
61 to 70	7
71 to 80	8
81 to 90	9
91 to 100	10
<b>Generale rule : 1 additional adult per 10 participants</b>	



# REGISTRATION

## How to register

- All members/schools who intend to participate in the event should fill in a **registration form**, which can be found enclosed to Bulletin 1. All application are sent to email [sport@essf.com](mailto:sport@essf.com) .

**The registration process is divided into 2 phases:**

### Phase 1

**December 15, 2022 – March 01, 2023**

*During registration phase 1 registering delegations shall indicate their intention of participating, the number of teams per category that they wish to enter, and an exact number of participants per team. All ESSF members and Non –ESSF members are expected to pay the deposits for their teams or reach an agreement with the ESSF by March 1, 2023.*

### Phase 2

**March 02, 2023 – May 10, 2023**

*During registration phase 2, countries are expected to enter the exact detailed information for each participant (name, date of birth, gender, photo, dietary requirements). In addition, submitting the travel plan is required. Registration form 2 will be sent on delegation e-mail.*

\*see more information on the deposit in the "deposit" section below

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## Registration Deadlines Summary

December 15, 2022	Opening of registration phase 1
March 01, 2023 (23:59 CET) / *deposit payment	Closing of registration phase 1
March 02, 2023	Opening of registration phase 2
May 10, 2023 (23:59 CET)	Closing of registration phase 2



# Financial Conditions

***Please note that this section of this bulletin is relevant for ESSF members and Non ESS members.***

To participate, each Delegation is required to make two (2) payments:

1. *Deposit payment*
2. *Balance fee payment*

## **1. DEPOSIT PAYMENT**

Along with the entry and in order to have access to registration phase 2, participating country will need to pay a deposit of **100€ per participant** entered in Phase 1.

**Please note that the participation to the event is granted only by the deposit payment. Deadline of deposit payment: March 01, 2023 (23:59 CET)**

- The sum will be deducted from the total participation cost.
- The deposit must be sent as a single payment for the whole delegation by the organisation responsible for school sport (federation, trust, ministry...).
- The deposit is non-refundable in the event of non-participation.
- Waivers to the payment of the deposit, for whatever reasons, are to be discussed with the ESSF office and to be agreed upon before the deposit payment deadlines.

The deposit for the registered teams per category shall be paid by **March 01, 2023 (23:59 CET)**

**If the deposit is not paid within the given deadline, the registrations will not be considered valid and the team will be automatically deleted.**

Deposit shall be paid **by bank transfer to the** to the following account (all bank charges are to be met by the participating country):

**EFFS BANK ACCOUNT DETAILS  
WILL BE SENT IN BULLETIN 2**



## 2. BALANCE FEE PAYMENT

The balance fee payment is the participation fee minus the deposit which has already been paid. The balance fee payment is to be paid before the start of the event to the LOC account (all bank charges are to be met by the participating country) or can be paid in cash upon arrival.

### PARTICIPATION FEE

The participation fee covers full board accommodation for the duration of the event plus competition, cultural programme activities and all local transport from the arrival to the official port of entry to the departure of the team.

The participation fee is composed of:

- *Rates by night*: minimum 60€/night/delegation member
- *ESSF levy*:
  - 60€ per delegation member (ESSF member) or
  - 100€ per delegation member (non ESSF member)
- All individual events fee: 50 €/participant;
- Team (kata, enbu, kumite) event fee: 60€/event;

RATES BY NIGHT		
<b>Head of Delegation</b>	Single occupancy	60€
<b>Coach</b>	Double occupancy	60€
<b>Coach</b>	Single occupancy	120€
<b>Athlete</b>	2-4 bedded rooms	60€
<b>Additional adult</b>	Double occupancy	60€
<b>Additional adult</b>	Single occupancy	120€
<b>Other Team official</b>	Double occupancy	60€
<b>Other Team official</b>	Single occupancy	120€
<b>Field of Play official</b>	Double occupancy	60€
<b>Field of Play official</b>	Single occupancy	120€

The table below shows an overview of the minimum participation fee per participant.

No. Nights		Rate by night (min)		ESSF levy	Total (minimum/participant)
5	x	60€	+	60€	360 €



**+ Individual fee and Team Fee.**

Ex: A. 360 € + 50€ ind. fee + 50€ (kata team+enbu)=470 €

B. 360 € + 50€ ind. fee + 30€ (enbu)=440 €

C. 360 € + 50€ ind. Fee + 20€ (kata team)=430 €

D. 360 € + 50€ ind. Fee + 15€ (kumite team)=425 €

And other mixt situation.

**CHARITY GALA DINNER**

A charity gala dinner is organised during the event. All Heads of Delegation are expected to take part in the dinner. The gala dinner fee is 50€/person, to be paid together with the final balance.

More information on the Gala dinner will be given in Bulletin 2. The participation to the gala dinner will be declared over the registration process Phase 2.

**The balance fee payment is to be paid before the start of the event to the following LOC account (all bank charges are to be met by the participating country).**

**BENEFICIARY BANK ACCOUNT DETAILS  
WILL BE SENT IN BULLETIN 2**

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**Payments Deadlines Summary**

March 01, 2023 (23:59CET)

Deposit Payment

Before the start of the event, by bank transfer, or cash on arrival the LOC

Final Balance Payment



# GENERAL RULES

## KARATE – GENERAL RULES

SPORT			REMARKS
<b>Typical Format</b>	Boys		
	Girls		
<b>Number of Days</b>	Max 3-4		
<b>IF and other international federation</b>	World Fudokan Federation IKKaido World Federashion	WFF & ESSF  IKKAIDO	Athletes practicing karate, from all international federations (from styles: Fudokan, Wado ryu, Shito ryu, Goju ryu, Shotokan) are accepted!
<b>Tournament Regulations</b>	WFF&ESSF Regulations		

VENUE	COMPETITION		TRAINING	REMARKS
<b>Indoor / Outdoor</b>	Indoor	In accordance with WFF&ESSF regulations	Indoor	It is strongly recommended that competition and training be at the same site
<b>Type</b>	Sports Hall		Sports Hall	Other types are possible with the approval of the ESSF TC
<b>Number (of venues)</b>	1 Competition venue & Warm-up area		1 Training venue	Warm-up and Training Venue can be at the same site. Warm-up must be as close as possible to the competition area and in the same building.
<b>Number of tatamis</b>	Competition: 6-8 tatami Warm-up: 2 tatami		Min. 2 (separated by curtains)	Made of 1m x 1m tatami elements
<b>Competition Area Surface</b>	Tatamis		Tatamis	WFF approved
<b>Field of Play (FoP) Size</b>	LOC will provide the information			
<b>Competition area</b>	10m x 10 m (1 tatami) 50m x 10m (6 tatami)	Divided into 2 zones: contest area & safety area Covered by Tatamis, fixed to a platform	10m x 10m (1 tatami)	
<b>Contest area (inner area)</b>	8m x 8m	In a different color than the safety area	8m x 8m	
<b>Safety area</b>	Min. 2m Min. 4m (shared safety area)	Outside the contest area in between adjoining competition areas	Min. 2m around the contest area	
<b>Warm-Up Area Size</b>	Min. 200m <sup>2</sup> (tatami surface)	Adjacent to the competition hall Can be the same as for training if		The warm-up room should be connected to the public-address system, to keep the athletes informed





		shared facility		
<b>Distance from Athletes' Accommodation (AV)</b>	Max. 60 minutes		Preferably within 30 minutes	Using the Event official transportation system
<b>Distance from Referee Accommodation</b>	Max. 60 minutes			Using the Event official transportation system
<b>Lighting</b>	Min. 1,500 lux	Directed onto the competition areas from the top so that that no shadows are caused	Min. 300 lux	
<b>Ventilation (A/C)</b>	Yes, in all indoor spaces		Yes, in all indoor spaces	
<b>Spectator Seating (total)</b>	Min. 2,000			
<b>VIP and VVIP</b>	Approx. 120			Number may be revised in accordance with actual venue capacity and demand
<b>Athlete Spectators</b>	Approx. 1000-1500/venue			
<b>Athlete Changing Rooms</b>	Min. 8 (gender segregated)	For a min. of 30 persons at the same time with showers and western style toilets	Min. 8 (gender segregated)	

VENUE	COMPETITION		TRAINING	REMARKS
<b>ESSF TC Rooms</b>	1 Room for ESSF TC	With desks, chairs, tables, refreshments, Internet access, telephone, basic office equipment and materials		
	1 Technical Committee Meeting Room	For approx. 15-20 persons		
<b>Technical Official Room</b>	2 TO Changing Rooms (gender segregated)	Min. 30m <sup>2</sup> with showers and western toilets		
	1 NTO Lounge			
<b>Additional Facilities</b>	1 Medical Room	Staffed and equipped	Medical Room (if the facility is different from the competition venue)	All medical rooms need to be staffed and equipped
	1 Doping Control Room with western toilet			
	2 Weigh-in Rooms with scales (gender segregated)	Can be at the Athletes' Village		In accordance with WFF rules
	6-8 Massage Rooms / Cabins	Close to the warm-up area		
	1 "stand by" area	20 m2 to 40 m2		Allowing the competitors to wait before their contest
	1 VIP Lounge			



	1 Storage Room for T&S / OVR Equipment			
	1 Security Room			
	1 Sport Information Desk			
	1 Draw and Meeting Room	For approx. 200 people Can also be held elsewhere		The room must be large enough to host the General Technical Meeting with all team leaders
	1 Ceremony Preparation Room			
	OC office space	As needed		
<b>FoP Equipment</b>				
<b>General</b>	1 platform for the competition area	Max. 1m in Height WFF approved	Weigh-in machines	If a platform is used, it is recommended that the safety area should be min. 4m wide around competition area
	1 public electronic scoreboard (WFF)	Visible throughout the competition hall		
	Computer aided replay system (CARE-System)	For referees		
	Sewing machines for the back identification	In the warm-up hall		
	2 referee draw panel	One for each referee group (tatami)		

VENUE	COMPETITION		TRAINING	REMARKS
<b>Per each competition area</b>	Tatamis	WFF approved	Tatamis	Equipment for competition and training must be of the same type and WFF approved
	2 x 50" display boards			
	1 audible device for manual operation			
	1 gong or other audible system	With different sounds		
	5 white and 5 red flag	One for each referee group (tatami)		
	1 stand-by manual and scoring facilities			
	1 microphone for the main speaker			
	1 table and 2 chairs for the doctor			
	2 chairs for the competitors' coaches			
	2 chairs for the competitors' escort			
	1 table for pre-contest control			
	5 chairs in the corner	For each tatami		
	1 table with min. 5 chairs	For the Chief judge/referees		



	6 stopwatches			
<b>FoP Officials (for 6 tatami)</b>	2 representatives' referee commission(7 referee each)	WFF		
	2 representatives computer team	WFF		
	28 referees category "A"	WFF		
<b>FoP Staff (for 6 tatami)</b>	6 timekeepers			
	6 scoreboard operators			
	6 members of the secretariat group			
	2-3 speakers			
	6 CARE system operators	Volunteers		
	6 persons - players escort group	Volunteers		
	6 runners	Volunteers		



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